







JANUARY 2025

Monday	Tuesday	Wednesday	Thursday	Friday
<p>The Activities Schedule is subject to change</p> 	<p><u>Everyday Activities</u></p> <p>8:00 Coffee Klatch 10:00 Morning Meeting 10:45 Chair Exercises 12:30 Lunch 3:00 Refreshment 4:30 Sing A Long & Fun</p> 	<p>1</p>  <p>Happy New Year!</p>	<p>2</p> <p>11:30 All about January 2:00 Bingo/Bible study 3:30 Re set 4:00 Who am I?</p> <p>Lunch: Pepper Steak& Green Beans</p> 	<p>3</p> <p>11:30 Stay Active 2:00 Entertainment 3:00 Happy Hour 4:00 Charades</p> <p>Lunch: Chicken Teriyaki&Plantains</p> 
<p>6</p> <p>11:30 Star Guided Journey 2:00 Chair Bowling 3:30 Identification Game 4:00 Designs by.....</p> <p>Lunch: Beef Stew & Mixed Veggies</p> 	<p>7</p> <p>11:30 Tai Chi with Mercedes 2:00 Bingo/Bible study 3:30 Sing a-long with Suze Q 4:00 Tuesday Tongue Twisters</p> <p>Lunch: Baked Chicken&Green Beans</p> 	<p>8</p> <p>10:15 A Moment with the Pastor 11:30 The King of Rock & Roll 2:00 Danny Entertains 3:30 Ring Toss 4:00 Simon Says</p> <p>Lunch: Beef Picadillo& Split Pea</p> 	<p>9</p> <p>11:30 Mystery Auction 2:00 Bingo/Hymn sing 3:30 Swing Session 4:00 Tongue twisters</p> <p>Lunch: Pork Fricassee&Plantains</p> 	<p>10</p> <p>11:30 The Price is Right 2:00 Gino Entertains 3:00 Happy Hour 4:00 Hymns sing</p> <p>Lunch: Meatballs & Green Beans</p> 
<p>13</p> <p>11:30 Full Moon Monday 2:00 The "J" Quiz 3:30 Name That Tune 4:00 Bean Bag Toss</p> <p>Lunch: Chicken Cordon Bleu&Corn</p> 	<p>14</p> <p>11:30 Famous Cat Covers 2:00 Bingo/Man Art with Miguel 3:30 Word Search 4:00 Winter Collage</p> <p>Lunch: Beef Stew & Sweet Potatoes</p> 	<p>15</p> <p>10:15 A Moment with the Pastor 11:30 Penny Ante w/ Veronica 2:00 Tai Chi with Mercedes 3:00 Juice Joint with Merlene 4:00 Putt Putt</p> <p>Lunch: Pork Casserole&Black Beans</p> 	<p>16</p> <p>11:30 The Alphabet Challenge 2:00 Bingo/Bible study 3:30 Drama Club 4:00 Chair Yoga</p> <p>Lunch: Pasta&Meatsauce&Fruit Salad</p> 	<p>17</p> <p>10:30 Rummage sale 11:30 Quiz Competition 2:00 Paul Entertains 3:00 Happy Hour 4:00 Wheel of Fortune</p> <p>Lunch: Chicken Fricassee&Plantains</p> 
<p>20</p> <p>11:30 Martin Luther King Day 2:00 Reflect and Share the Legacy 3:30 Math Challenge 4:00 Guessing Game</p> <p>Lunch:Beef Stew & Mixed Veggies</p> 	<p>21</p> <p>11:30 Gratitude Journaling 2:00 Bingo/Bible study 3:00 Tea at The Palace with Marie 4:00 Mindful Meditation</p> <p>Lunch: Baked Chicken&Green Beans</p> 	<p>22</p> <p>10:15 A Moment with the Pastor 11:30 Arts and Crafts with Gail 2:00 Bingo 3:30 Common Bonds 4:00 Sing along</p> <p>Lunch: Baked Fish & Mixed Veggies</p> 	<p>23</p> <p>11:30 The Holy City 2:00 Bingo/Reminiscing 3:30 Identification Game 4:00 Chair Yoga</p> <p>Lunch:Beef & Split Pea Soup</p> 	<p>24</p> <p>11:30 CHANGES 2:00 Chuck on the Keyboard 3:00 Happy Hour 4:00 Reminiscing Corner</p> <p>Lunch:BBQ Chicken&Mixed Veggies</p> 
<p>27</p> <p>11:30 Entertainment through the years-1 2:00 Scatagories 3:30 Racy words 4:00 Sensory sensations</p> <p>Lunch: Pork Fricassee& Black Beans</p>	<p>28</p> <p>11:30 Entertainment through the years-2 2:00 Bingo/In the News 3:30 Floral arrangement w/Jordanne 4:00 Thing that go together</p> <p>Lunch: Beef with Rice & Beans</p>	<p>29</p> <p>10:15 A Moment with the Pastor 11:30 Bingo 1:30 A CULTURAL EXTRAVANGAZA with Merlene 3:30 Armchair travel 4:00 Word scramble</p> <p>Lunch: Baked Fish & Mixed Veggies</p>	<p>30</p> <p>11:30 Entertainment through the years-3 2:00 Bingo/Bible study 3:30 Math Club 4:00 Bean Bag Toss</p> <p>Lunch: Pepper Steak& Green Beans</p> 	<p>31</p> <p>11:30 Entertainment through the years-4 2:00 Richard Entertainment 3:00 Birthday Party 4:00 You Be the Judge</p> <p>Lunch: Chicken Teriyaki&Plantains</p> 