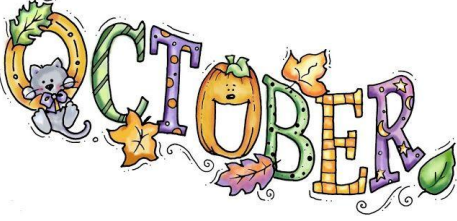


# OCTOBER 2026

| Monday                                                                                                                                                                                                                                              | Tuesday                                                                                                                                                                                                                                                                                | Wednesday                                                                                                                                                                                                                                                                            | Thursday                                                                                                                                                                                                                                                              | Friday                                                                                                                                                                                                                                                           |
|-----------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|----------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|--------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|-----------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|
|                                                                                                                                                                    | <p><i>The Activities Schedule is subject to change</i></p>                                                                                                                                            | <p><u>Everyday Activities</u></p> <p>8:00 Coffee Klatch<br/>10:00 Morning Meeting<br/>10:45 Chair Exercises<br/>12:30 Lunch<br/>1:30 Brain Games<br/>3:00 Refreshment<br/>4:30 Fun and Games</p>  | <p>1</p>  <p>11:30 Why Coffee<br/><b>2:00 Music Therapy with Danny</b><br/>3:00 Coffee Tasting<br/><b>Lunch: Beef Picadillo&amp;Split Pea Soup</b></p>                             | <p>2</p>  <p>11:30 Trivia Club<br/><b>2:00 National Diversity Day</b><br/>3:30 Card Making<br/><b>Lunch: Ham Egg Chicken&amp;Pork Fried Rice</b></p>                          |
| <p>5</p>  <p>11:30 The Great Trivia Trek<br/>2:00 Math Quiz<br/>3:30 Reminiscing Corner<br/><b>Lunch:Pork Fricassee w/Black Beans</b></p>                          | <p>6</p>  <p>11:30 Welcome to Italy<br/><b>12:30 Pizza Party</b><br/>2:00 Bingo/ <b>Music Education with Danny (IMEP)</b><br/>3:30 Arts &amp; Crafts<br/><b>Lunch:Chicken in sauce w/Carrots</b></p> | <p>7</p> <p>10-12 Mini Health Fair<br/>10:15 A Moment with the Pastor<br/>11:00 Competition Bingo (IMEP)<br/>11:30 Finish Line Lyrics<br/>2:00 Which Came First<br/>3:30 Cup Stacking Competition<br/><b>Lunch: Fish &amp;Mixed Veaqies</b></p>                                      | <p>8</p>  <p>11:30 Racy Words<br/>2:00 Sing A Long<br/><b>3:30 Tai Chi with Mercedes</b><br/><b>Lunch: Beef w/Beans &amp; Rice</b></p>                                             | <p>9</p>  <p>11:30 Math Bee<br/><b>1:00-2:00 Rummage Sale</b><br/><b>2:00 Vito on the Keyboard</b><br/>3:30 Drama Club<br/><b>Lunch: Chicken Teriyaki&amp;Yellow Rice</b></p> |
| <p>12</p>  <p><b>11:30 Columbus Day Education</b><br/>2:00 Word Extraction<br/>3:30 Self Care for Seniors<br/><b>Lunch:Beef Picadillo &amp; Split Pea Soup</b></p> | <p>13</p> <p><b>11-12:15 Paint Class with Kerry(IMEP)</b><br/>11:30 Alphabet Game<br/>2:00 Bowling<br/>3:30 Guess Who?<br/><b>Lunch:Baked Chicken w/Ajaico Soup</b></p>                              | <p>14</p> <p><b>10:15 A Moment with the Pastor</b><br/>11:30 Ring Toss<br/>2:00 Scrabble<br/><b>3:30 Tai Chi with Mercedes</b><br/><b>Lunch:Beef Ropa Vieja &amp; Veggies</b></p>                                                                                                    | <p>15</p>  <p>11:30 Mystery Auction<br/>1:30 Identification Game<br/><b>2:00 Music Therapy with Danny</b><br/>3:30 Arm Chair Travel<br/><b>Lunch: Pork Fricassee w/Lentils</b></p> | <p>16</p>  <p>11:30 Alphabet Game<br/><b>2:00 Vocalist Gino Preforms</b><br/>3:30 The Price is Right<br/><b>Lunch: Chicken Fricassee&amp; Salad</b></p>                       |
| <p>19</p>  <p>11:30 Word Puzzle<br/>2:00 Bowling<br/><b>3:30 Tai Chi with Mercedes</b><br/><b>Lunch:Chicken w/Veggies &amp; Corn Stew</b></p>                     | <p>20</p>  <p>11:30 Animal Quiz<br/>2:00 Power of Laughter-Discussion<br/>3:30 Stretchercise<br/><b>Lunch: Beef Picadillo w/Red Beans</b></p>                                                       | <p>21</p> <p><b>10:15 A Moment with the Pastor</b><br/>11:30 You be the Judge<br/>2:00 Cozy Up Gathering<br/>3:30 Who Am I?<br/><b>Lunch:Pork Casserole w/Black Beans</b></p>                                                                                                        | <p>22</p>  <p>11:30 Wisdom &amp; Worth<br/>2:00 Drama Club<br/>3:30 Balloon Volley<br/><b>Lunch: Beef Pasta &amp; Veggies</b></p>                                                 | <p>23</p>  <p>11:30 Crossword Puzzles<br/><b>2:00 Danny on Guitar</b><br/>3:30 Discussion Group<br/><b>Lunch: BBQ Chicken &amp; Baked Potatoes</b></p>                       |
| <p>26</p>  <p>11:30 Trivia<br/>2:00 Floral Arranging<br/>3:30 Mocktail Monday<br/><b>Lunch: Fish w/Mixed Veggies</b></p>                                         | <p>27</p>  <p>11:30 Numbers Game<br/><b>1:30-2:30 Magic Show</b><br/>2:30 History of Magic<br/>3:30 Charades<br/><b>Lunch: Pork Fricassee w/Garbanzos</b></p>                                      | <p>28</p> <p><b>10:15 A Moment with the Pastor</b><br/>11:30 Types of Farming Tools<br/>2:00 Arts &amp; Crafts<br/>3:00 Farmers Market<br/><b>Lunch: Baked Chicken &amp; Lentils</b></p>                                                                                             | <p>29</p>  <p>11:30 Science Club<br/><b>2:00 Music Therapy with Danny</b><br/><b>3:00 October Birthdays</b><br/><b>Lunch: Beef Picadillo&amp;Split Pea Soup</b></p>              | <p>30</p>  <p>11:30 Reminisce &amp; Discussion<br/><b>2:00 Danny on Guitar</b><br/><b>3:00 Halloween Party</b><br/><b>Lunch: Ham Egg Chicken&amp;Pork Fried Rice</b></p>    |

